

POLISH HUMANITARIAN ACTION

REPORT

FOR THE YEAR 2022



This is shortened version of our report. The full version of the report for the year 2022 is available on our website:

<https://www.pah.org.pl/en/resources/>

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We help people suffering as a result of armed conflicts, the climate crisis and natural disasters. We act with respect for the principles of humanity, impartiality, neutrality and independence.

INTRODUCTION



Dear Sir or Madam, Friends,

In 2022, three decades of our humanitarian activity around the world had passed, and we had no doubt that we were looking at a unique moment in the history of PAH. Its uniqueness was not only reflected in the summaries that showed that in those 30 years we helped nearly 15 million people in 51 countries. The distinctiveness of 2022 was primarily due to the unprecedented scale of aid activities directed at Ukrainians.

The thirtieth year of PAH's operation proved revolutionary. As in February of that year a full-scale war was unleashed in our eastern neighbour, the Polish society and donors from abroad placed great trust in us, providing huge support for aid activities. It was no coincidence. We had been working for this trust for many years, responding to humanitarian crises in the farthest corners of the world, but above all, helping in the long term in countries forgotten by the world.

This three decades long history has brought us to another turning point that will redefine our role in the world of humanitarian aid. For many years to come our attention will be focused on Ukraine, but we must not forget about other countries and our regional offices in Africa and the Middle East, which we are so proud of.

In 2022, we operated in 11 countries, responding to the needs related to access to clean water and food, safe shelter, education, health as well as legal protection and psychological support for people affected by

humanitarian crises. In Somalia, we built latrines and water intakes for residents and internally displaced persons; in Kenya, we built sand dams and secured access to solar energy in schools; we provided financial assistance in Afghanistan; we supported medical facilities and doctors in Yemen, and in South Sudan we took care of the menstrual hygiene of girls and the mental health of children by building safe spaces for them.

It is known that the effects of climate change are already being felt in many countries of the Global South, which is why we are increasingly focusing on providing assistance in response to disasters caused by these developments. The projects we implement also include elements aimed at reducing the risk of natural disasters and are created based on state of the art and most ecological solutions.

For us, 2022 meant not only responding to the war in Ukraine, but also the beginning of permanent activities in Madagascar, the southern regions of which were affected by drought. This phenomenon has disastrous consequences for the food security of the inhabitants. The past 12 months have also been marked by the expansion of our operations in Poland. It is here that our next national office was established. It will focus primarily on activities for refugees from Ukraine. We have not forgotten about our educational activity, through which we raise awareness about global interdependencies and build solidarity with the countries of the Global South. We also run and expand the Pajacyk Programme: in response to changing needs it has also been providing psychosocial support, among others for children of Ukrainian origin who have experienced life as refugees.

The support from our donors – individuals, companies and institutions - that we have received in recent months will allow us to react faster and on a larger scale than ever before. We are extremely grateful for this trust. We have worked for it for over 30 years and are well aware of the responsibility that comes with it. We hope that in the coming years we will be able to continue working together for the benefit of people suffering from humanitarian crises.

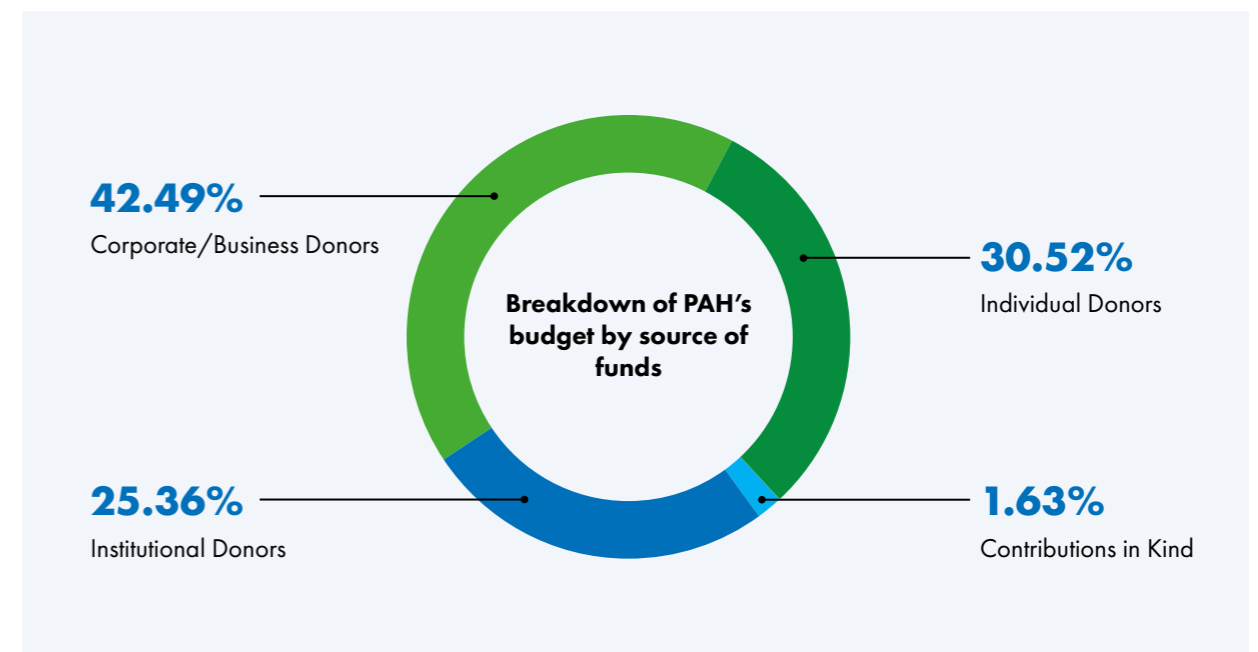
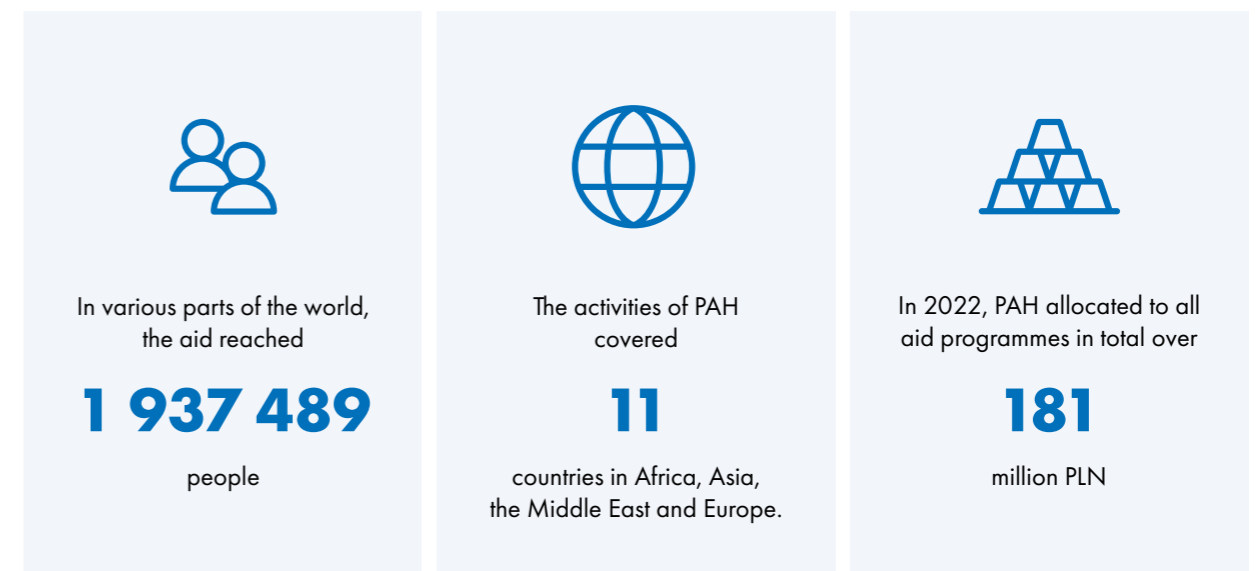
We encourage you to read the report on our activities in 2022!

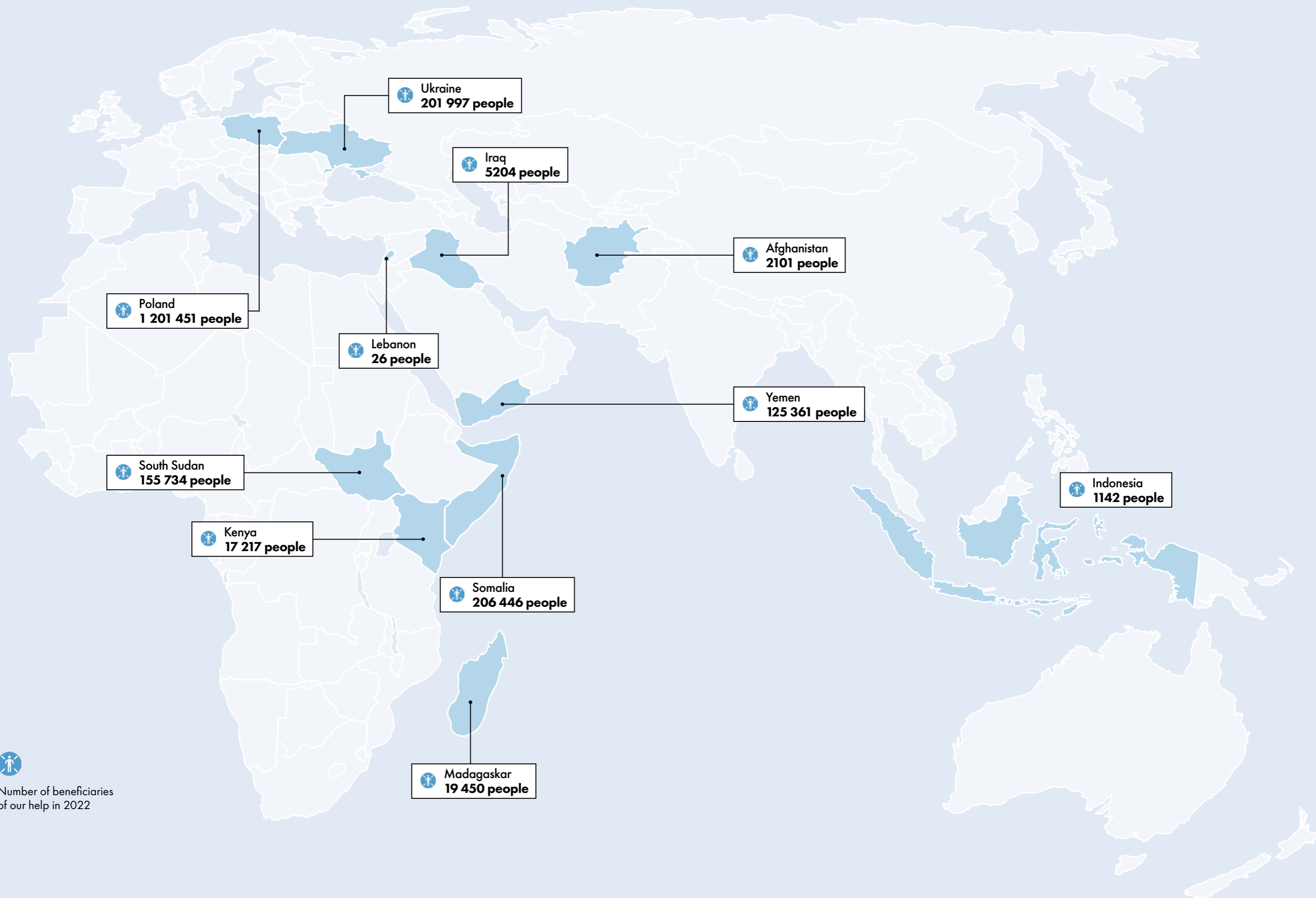
Grzegorz Gruca

Vice President of the Management Board of PAH

PAH'S ACTIVITIES IN 2022

2022 was for us an intense and exceptional year. We continued our assistance in the countries of Africa and the Middle East, expanded our activities in Ukraine in response to the escalation of the conflict, and opened two new country offices. Below we present a detailed report on our activities in 2022.





Number of beneficiaries of our help in 2022

AFGHANISTAN

For the last 40 years, Afghanistan has been shaken by a protracted conflict, natural disasters and mass displacement of people, which have exacerbated the needs of the local community.



Population
41,7 million



Number of internally
displaced persons
5,5 million



Cost of aid provided by PAH in 2022
411 866 PLN



Number of people we reached
with aid in 2022
2101



Number of people in need of
humanitarian aid
18,4 million

EMERGENCY RESPONSE



Water



Financial aid

INDONESIA

Indonesia, the largest island nation in the world, regularly grapples with the consequences of natural disasters, including earthquakes, tsunamis and volcanic eruptions. PAH's activities in 2022 were a continuation of our assistance commenced in 2020.



Population
282 million



Number of internally
displaced persons
72 thousands



Cost of aid provided by PAH in 2022
22 447,03 PLN



Number of people we reached
with aid in 2022
1142

EMERGENCY RESPONSE



**Disaster Risk Reduction
(DRR)**

IRAQ

Despite the end of the conflict five years ago, the humanitarian situation in Iraq remains complicated. In 2022, our activities focused on securing new homes for people returning to their places of residence, as well as providing them with livelihood.



Population
41,2 million



Number of people in need of humanitarian aid
2,5 million



We started helping in
2016



Number of internally displaced persons
1,2 million



Cost of aid provided by PAH in 2022
7 102 247 PLN



Number of people we reached with aid in 2022
5204

HUMANITARIAN ASSISTANCE



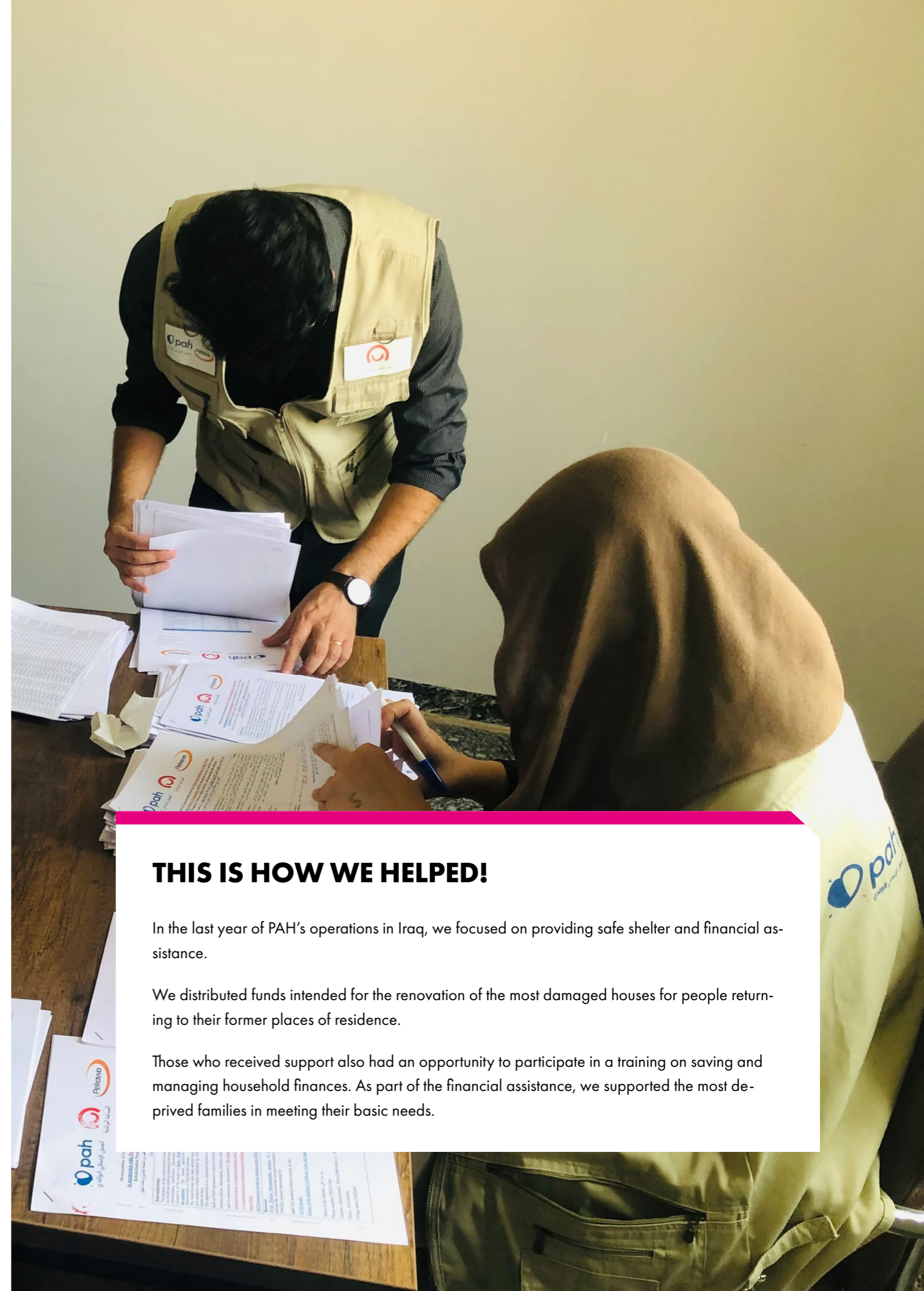
Health



Shelter and non-food aid



Financial aid



THIS IS HOW WE HELPED!

In the last year of PAH's operations in Iraq, we focused on providing safe shelter and financial assistance.


We distributed funds intended for the renovation of the most damaged houses for people returning to their former places of residence.


Those who received support also had an opportunity to participate in a training on saving and managing household finances. As part of the financial assistance, we supported the most deprived families in meeting their basic needs.


YEMEN

In 2023, Yemen entered its ninth year of a vicious war that shattered the peace of a country with over 30 million inhabitants, forcing nearly 4.5 million men, women, children and elderly to leave their homes in search for safety and better living conditions.

 Population
31,9 million

 Number of people in need of humanitarian aid
23,4 million

 We started helping in
2019

 Number of internally displaced persons
4,3 million

 Cost of aid provided by PAH in 2022
8 446 027 PLN


 Number of people we reached with aid in 2022
125 361

HUMANITARIAN ASSISTANCE

 **Health**

 **Management of refugee camps**

 **Education**

 **Shelter and non-food aid**

 **Water**

THIS IS HOW WE HELPED!

Children from internally displaced families have hindered access to education. Places where they frequently end up with their families lack school infrastructure and proper learning conditions.

There are a lot of internally displaced people in Yemen's Marib Governorate. To enable children in this difficult situation to get a basic education, we built 29 temporary classrooms and equipped them with school materials.

Teachers, who give lessons on a voluntary basis, received financial support. We also took care of proper sanitary conditions by building latrines and providing hygiene products.



KENYA

The effects of climate change combined with rapid population growth in Kenya result in irregular access to clean water, food insecurity and high levels of poverty.



Population
55,1 million



Number of people in need of humanitarian aid
4,5 million



We started helping in
2018



Number of internally displaced persons
348 thousands



Cost of aid provided by PAH in 2022
3 117 875 PLN



Number of people we reached with aid in 2022
17 217

HUMANITARIAN AND DEVELOPMENT ASSISTANCE



Water



Disaster Risk Reduction (DRR)



Food



Education



THE STORY OF ANGELINA

Many Kenyans make a living by cultivating small fields. Agriculture is the second major sector of Kenya's economy, although in many places the effects of climate change make it very difficult to cultivate the land.


Angelina lives in Machakos County. Before the sand dam was built, she had to walk 5 km to fetch water from the Athi River. Now it only takes her 15 minutes to reach the nearest dam where she can draw water.

"Having a water intake nearby helped me a lot. It made it possible for me to plant vegetables on the farm: I grow cabbage, spinach, onions, and amaranth. I can provide my family with food. We no longer need to buy it. This field is my job – I earn money from what I grow!"


LEBANON

The effects of climate change combined with rapid population growth in Kenya result in irregular access to clean water, food insecurity and high levels of poverty.

 Population
6.8 million

 Number of people in need of humanitarian aid
1.9 million

 We started helping in
2020

 Number of people we reached with aid in 2022
26

 Cost of aid provided by PAH in 2022
33 922 PLN

DEVELOPMENT ASSISTANCE



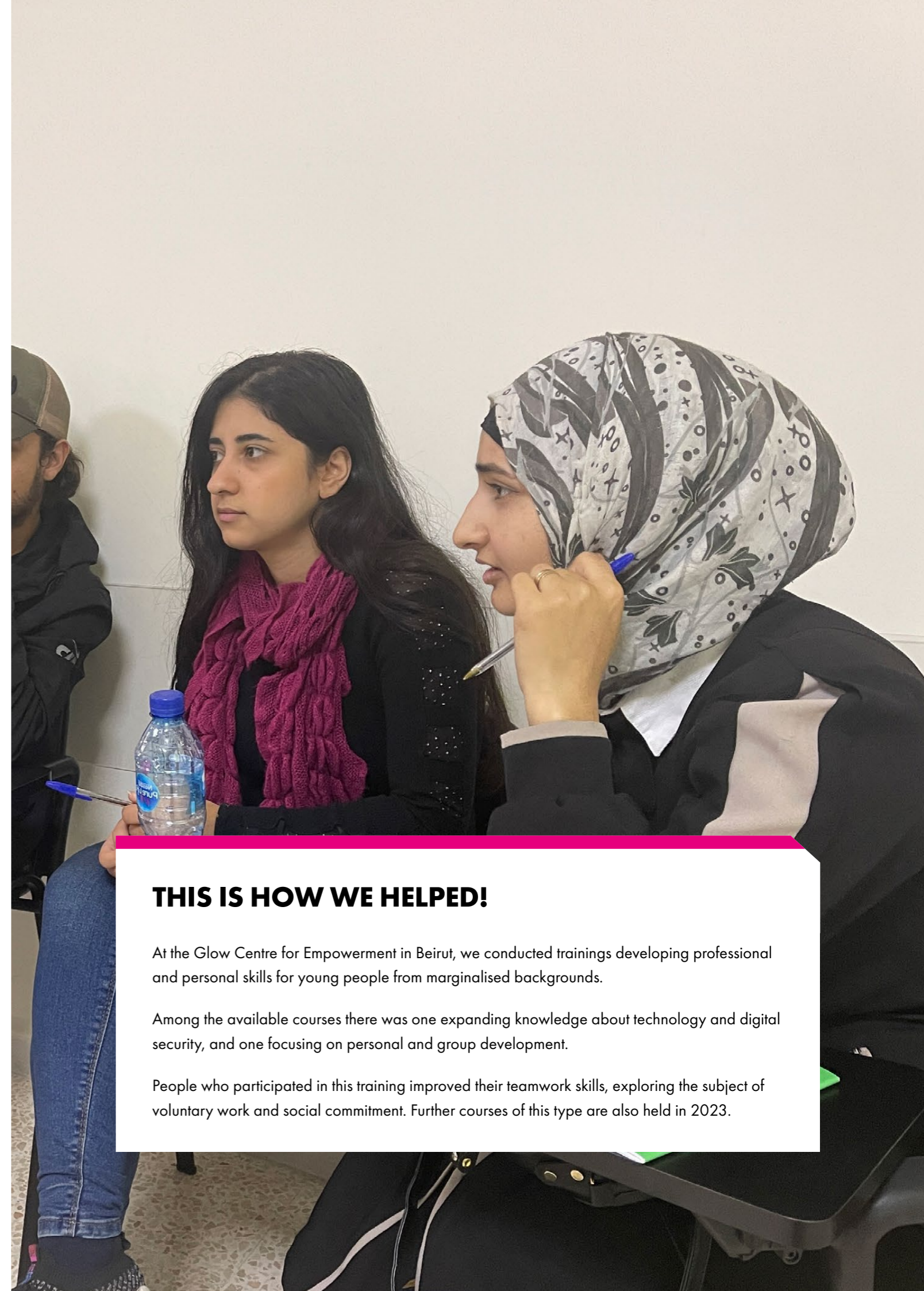
Education

THIS IS HOW WE HELPED!

At the Glow Centre for Empowerment in Beirut, we conducted trainings developing professional and personal skills for young people from marginalised backgrounds.

Among the available courses there was one expanding knowledge about technology and digital security, and one focusing on personal and group development.

People who participated in this training improved their teamwork skills, exploring the subject of voluntary work and social commitment. Further courses of this type are also held in 2023.



MADAGASCAR

Recurring droughts in the southern regions of Madagascar have led to severe malnutrition among the local community and problems with access to water. In 2022, Madagascar became the 8th country in which we launched a permanent aid operation.



Population
28.4 million



Number of people in need of humanitarian aid
1.6 million



We started helping in
2022



Number of internally displaced persons
291 thousands



Cost of aid provided by PAH in 2022
402 139 PLN



Number of people we reached with aid in 2022
19 450

HUMANITARIAN ASSISTANCE



Water



Food



THIS IS HOW WE HELPED!

Our youngest country office in Madagascar is primarily concerned with water and food access in the two southern regions of the island.

In the first year of our operations, we built wells and sanitary infrastructure as well as renovated shallow wells.

As part of food activities, we delivered seeds, trained residents in good agricultural practices and initiated the foundation of vegetable gardens. We also provided meals to students of local schools.

SOMALIA

For the first time since the 1980s, five dry seasons occurred in succession in the Horn of Africa, resulting in the most tragic disaster caused by climate change in recent years. Somalia, with 80% of its territory affected by drought, was hit the hardest.



Population
15,7 million



Number of people in need of humanitarian aid
7.7 million



We started helping in
2011



Number of internally displaced persons
2.9 million



Cost of aid provided by PAH in 2022
12 676 398 PLN



Number of people we reached with aid in 2022
206 446

HUMANITARIAN ASSISTANCE



Water



Disaster Risk Reduction (DRR)



Financial aid



THIS IS HOW WE HELPED!

On top of the difficult situation caused by the long-term conflict, Somalia grapples with very demanding climatic conditions. Therefore, our activities in this country focus on ensuring access to water and improving sanitation.

As part of the projects carried out in 2022, we built wells and latrines, conducted hygiene training, supplied basic hygiene products and delivered water by tankers to hard-to-reach places.

As usual, a large part of our activities was aimed at representatives of groups particularly vulnerable to exclusion, i.e. internally displaced people and the disabled.

SOUTH SUDAN

In South Sudan our operations focus on responding to the urgent needs of residents through multi-sectoral and comprehensive support. Our priority is to provide access to clean water, food, education, shelter and protection for people affected by the humanitarian crisis, exposed to violence and suffering from the effects of climate change.



Population
12,4 million



Number of people in need of humanitarian aid
8.9 million



We started helping in
2006



Number of internally displaced persons
1.4 million



Cost of aid provided by PAH in 2022
14 705 287 PLN



Number of people we reached with aid in 2022
155 734

HUMANITARIAN ASSISTANCE



Water



Education



Shelter and non-food aid



Legal and psychosocial aid



Food



Financial aid

THE STORY OF NACHDUA

Nachdua sells coffee and tea at the market in Pibor. Since her husband died, the stall is the only source of income for her and her several children. Nachdua spends part of her earnings on the education of her offspring, but this year she could afford to send to school only two of them.

Before we built a new water-drawing system at the market, Nachdua had to fetch water from a well. She admits it was very tiring and time-consuming, so she often had to buy water from sellers and thus was left with less money for other expenditures. Now Nachdua can draw enough clean water to run the stand and store it in secure containers for later use.



UKRAINE

The sudden escalation of hostilities has had a severe impact on the civilian population, resulting in many deaths, injuries and mass displacement, as well as creating multi-sectoral humanitarian needs. In response, we provided immediate aid to both the local community and internally displaced persons in sectors identified by UN OCHA as the most urgent humanitarian needs.



Population
43,8 mln



Number of people in need of humanitarian aid
17,7 mln



We started helping in
2014



Number of internally displaced persons
5,9 mln



Cost of aid provided by PAH in 2022
49 199 746 PLN



Number of people we reached with aid in 2022
201 997

HUMANITARIAN ASSISTANCE



Legal and psychosocial aid



Water



Financial aid



Shelter and non-food aid



Food



THE STORY OF TETIANA

Tetiana and her family had a house in Mykhailivka-Rubezhivka, where she lived together with 5 other relatives. She was one of the last to leave the village. She did it at the persuasion of the village head, taking with her only documents.

Upon her return, Tetiana found her home in rubble. Together with the rest of the family, she stayed with parents of her daughter-in-law, but such a large family could hardly fit into a house that was earlier inhabited by only two people.

Right next to the destroyed building we installed for Tetiana modular houses, which provide shelter, privacy and a semblance of normality. In a conversation, Tetiana told us that she would like to rebuild her house as soon as possible.

POLAND

PAH Poland

The sudden escalation of the war in Ukraine triggered the biggest refugee crisis in Europe since World War II. It is estimated that 15 million people have left their homes in Ukraine, and 7 million of them have fled to other countries. In response to this emergency, in May 2022, we set up a special national office in Poland, whose task has been since to provide assistance to refugees in Poland.



Population
37,8 mln



Number of people in need of humanitarian aid
1.2-4 million refugees



We started helping in
2022



Number of people we reached with aid in 2022
1 185 012



Cost of aid provided by PAH in 2022
66 670 491 PLN

HUMANITARIAN ASSISTANCE



Legal and psychosocial aid



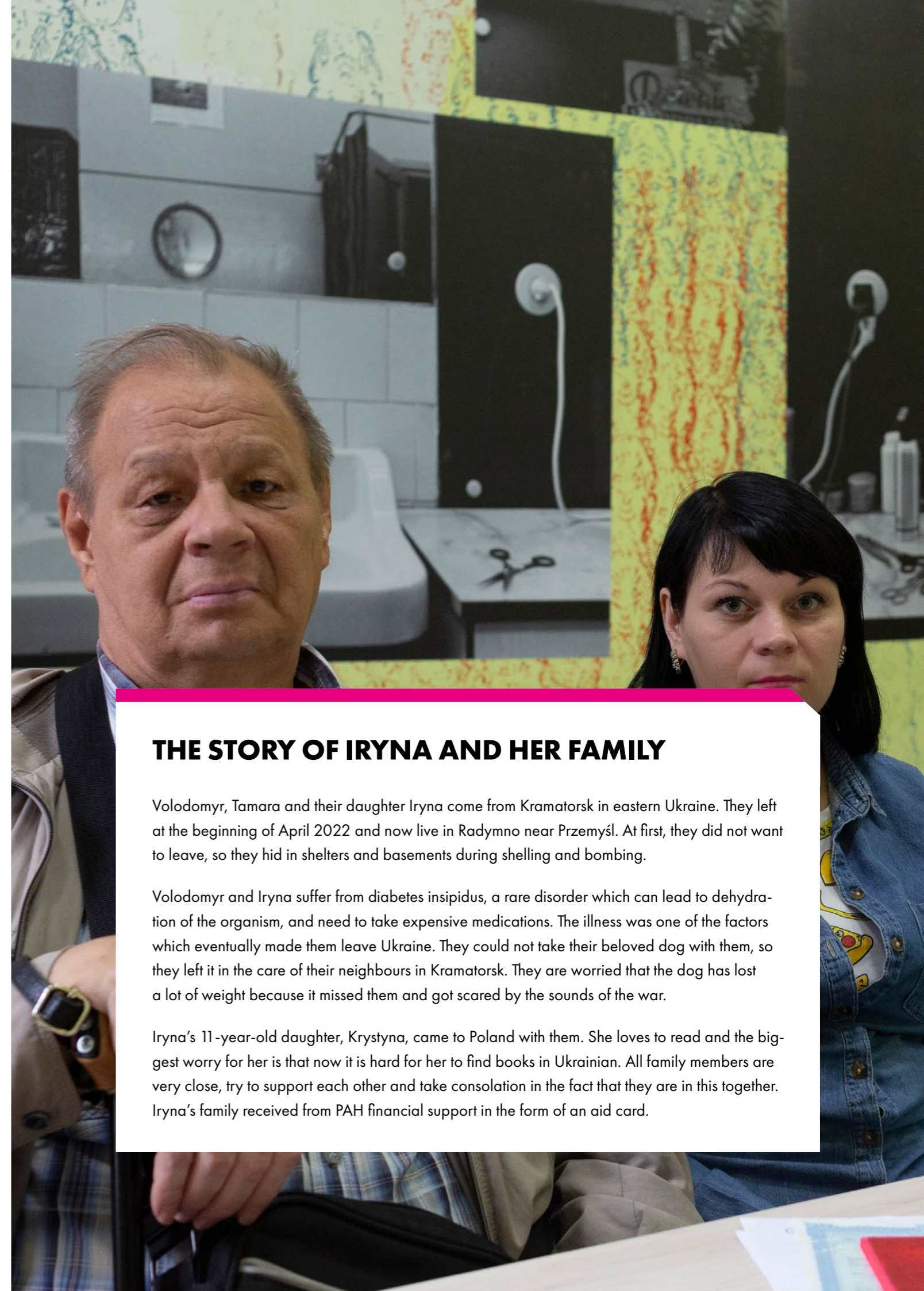
Emergency aid



Shelter and non-food aid



Financial aid



THE STORY OF IRYNA AND HER FAMILY

Volodymyr, Tamara and their daughter Iryna come from Kramatorsk in eastern Ukraine. They left at the beginning of April 2022 and now live in Radymno near Przemyśl. At first, they did not want to leave, so they hid in shelters and basements during shelling and bombing.

Volodymyr and Iryna suffer from diabetes insipidus, a rare disorder which can lead to dehydration of the organism, and need to take expensive medications. The illness was one of the factors which eventually made them leave Ukraine. They could not take their beloved dog with them, so they left it in the care of their neighbours in Kramatorsk. They are worried that the dog has lost a lot of weight because it missed them and got scared by the sounds of the war.

Iryna's 11-year-old daughter, Krystyna, came to Poland with them. She loves to read and the biggest worry for her is that now it is hard for her to find books in Ukrainian. All family members are very close, try to support each other and take consolation in the fact that they are in this together. Iryna's family received from PAH financial support in the form of an aid card.

POLAND

Education

We educate about global challenges and interdependencies as well as responsible aid. We create and implement educational programmes for children and youths, support teachers in introducing global education topics in class and popularise among the Polish society contents that transcend the Eurocentric view of the world.

We shape a sense of responsibility for global challenges and solidarity towards people who experience them. We believe that critical reflection coupled with action makes the world a fairer place.

Our educational activities in Poland by numbers

Our goal is a healthy and proper development of every child. We help by providing warm, well balanced meals to children in need, as well as supporting their psychosocial development.



In 2022,
we implemented

9

educational projects



A total of

6 254

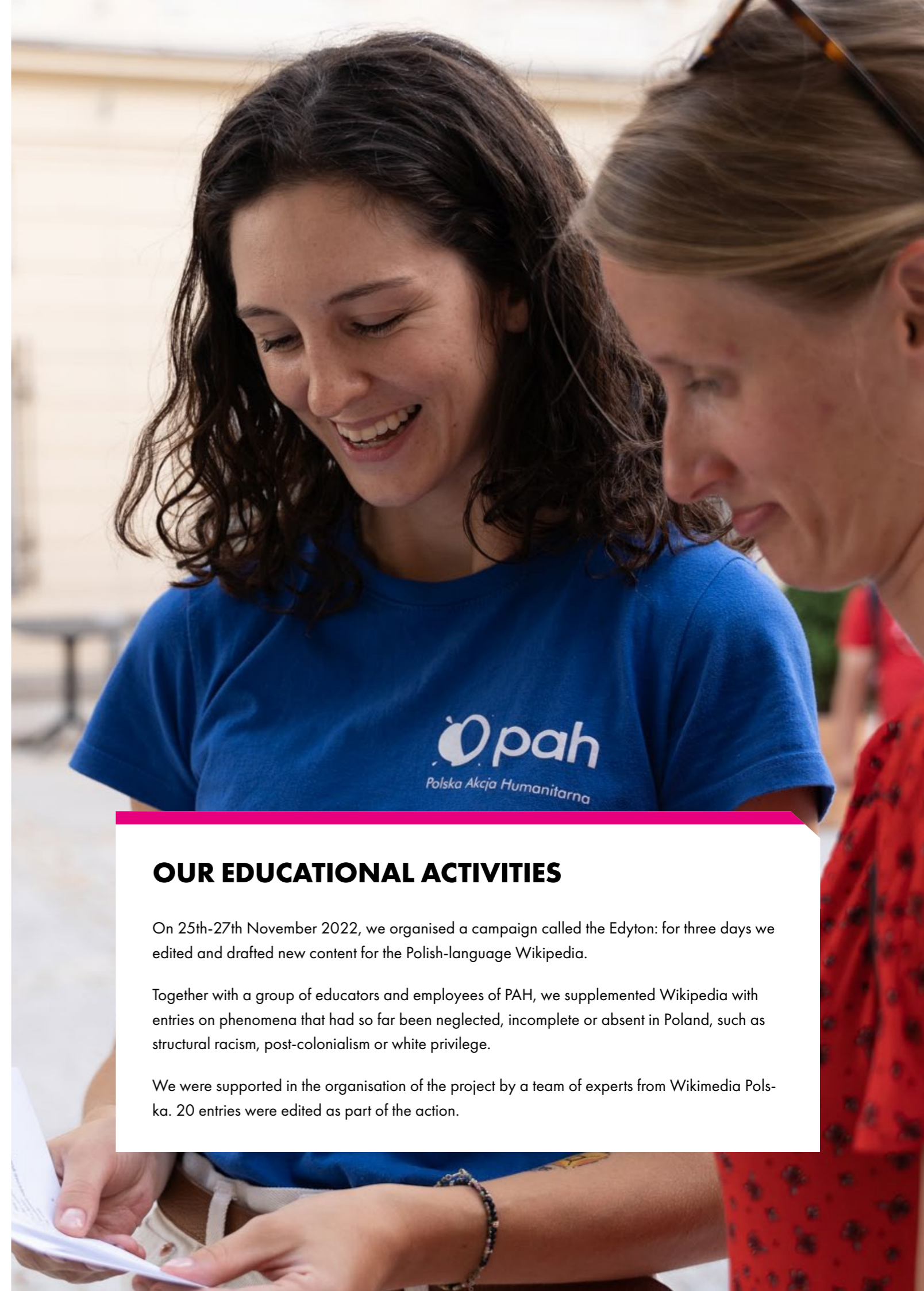
teachers took part in our
educational programmes this year



In 2022, we spent
a total of

668 121

PLN on educational
activities



OUR EDUCATIONAL ACTIVITIES

On 25th-27th November 2022, we organised a campaign called the Edyton: for three days we edited and drafted new content for the Polish-language Wikipedia.

Together with a group of educators and employees of PAH, we supplemented Wikipedia with entries on phenomena that had so far been neglected, incomplete or absent in Poland, such as structural racism, post-colonialism or white privilege.

We were supported in the organisation of the project by a team of experts from Wikimedia Polska. 20 entries were edited as part of the action.

POLAND

Pajacyk

Within the framework of the Pajacyk programme we have been helping children and youths in Poland since 1998. Pajacyk finances nutritious meals and strives to protect mental health. Our goal is a healthy and proper development of every child. Pajacyk helps children 365 days a year.

Pajacyk programme by numbers

Our goal is a healthy and proper development of every child. We help by providing warm, well balanced meals to children in need, as well as supporting their psychosocial development.



We have been running the programme for

24

years



In 2022, we allocated

7 938 906

PLN to help children



In 2022, a total of

10 185

children received support under the programme.



THIS IS HOW WE HELPED!

As part of the special Ukrainian edition of the Pajacyk programme: psychosocial assistance, we helped children and youths who came to Poland as a result of the escalation of the armed conflict in Ukraine after 24th February 2022. The programme was implemented by a total of over 30 non-governmental organisations from all over Poland.

The West-East Support Foundation (Fundacja Zachód Wschód Wsparcie) ran the Warsaw Support Academy, providing psychological assistance to children struggling with trauma and the reality of being refugees. The children took part in individual and group consultations. The programme also provided support in learning, e.g. through additional Polish language lessons. These classes were not only very helpful, but also presented an opportunity to integrate with peers.

The participants had at their disposal board games, crayons, paints, etc. There were also many classes and workshops devised to stimulate their creativity and interests.

We are thankful to all donors who were supporting us in 2022!
Your support contributes to changing the living conditions of thousands of
people who need our help.

Thank you!



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Polska Akcja Humanitarna
al. Solidarności 78A,
00-145 Warszawa, Polska
tel. 22 828 88 82
NIP: 525-14-41-253
KRS: 0000136833
REGON: 010849302
www.pah.org.pl